

WRESTLING

Columbia Falls Little Guy wrestling Sign-ups

Columbia Falls Little Guy Wrestling is part of a larger association called Western Montana Little Guy. The program provides an opportunity for everyone to compete with someone their own age (+/- one year) and weight. Kid's ages 5 years old through 6th grade can wrestle in our program. The season is approximately 6 weeks long with Sat. travel to local tournaments. (7th- 8th wrestle during this same time but will sign up through the JH and its school-sponsored program)

Registration- Thurs. January 24th from 4:00-7:00p.m in the Columbia Falls High School Cafeteria. Registration is available online but must also attend in person on the registration date to make payment and receive singlet. The season begins February 11th.

Cost- \$45.00 per wrestler (decreasing in \$5.00 increments for each additional child). T-shirt included. A \$40.00 refundable singlet deposit is required at registration.

Forms Required- Registration can be completed online ahead of time. E-mail cflittleguywrestling@gmail.com and we will send you the form or you can access the form on our facebook page Columbia Falls Little Guy Wrestling.

Equipment Required- Each wrestler will be issued a singlet at registration, worn only for competition. Wrestling shoes are recommended. The club has a limited number of shoes we check out at registration on a first come first serve basis. Tennis shoes are acceptable as long as they are clean. No street shoes allowed.

Practice Times and Location- Practices will be held at both the Columbia Falls JH and H.S. and begin the week of February 11th. Practices will be held in the evenings and will be divided based on WMLG age divisions since these are the divisions they will compete in on Saturdays.
Pewees- 5 and 6 years old as of Jan. 1st 2019 (practice approx. 2-3 times a week)
Beginners- 7 and 8 years old as of Jan. 1st 2019 (practice approx. 3 times a week)
Novice- 9 and 10 years old as of Jan. 1st 2019 (practice approx. 4 times a week)
Middle -10 and 11 years old as of Jan. 1st 2019 (practice approx. 4 times a week)

Mandatory Parent Meeting - Meeting will be held **Tuesday, February 5th at 6pm** for all ages in the H.S cafeteria. This meeting will address many questions, especially if your child is new to the sport. Schedules will be handed out at this time. Look forward to seeing you there!

Coaching Support Welcome- This program has always maintained strong coaching involvement from the community so we would like to encourage all levels of coaching ability including those new to the sport. Coach's applications/background screening will be available at registration so please be sure to inquire if interested in this opportunity.